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2. For Our Group Purpose There Is But One Authority—a Loving God As He May Express Himself In Our Group Conscience. Our Leaders Are But Trusted Servants— They Do Not Govern. 3. The Relatives Of Alcoholics, When Gathered Together For Mutual Aid, May Call Themselves An Al-Anon Family Group, Provided That, As A Group, They Have No Other ... Mar 20th, 2024

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Many Despairing Alcoholics As They Could. Consequently, Many Groups Began To Hold Meetings Which Were Open To Interested Friends And The Public, So That The Average Citizen Could See For Himself Just What A.A. Was All About. The Response To These Meetings Was Warmly Sympathetic. Soon, Mar 16th, 2024

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Fi Nds Himself In Possession Of A Degree Of Honesty, Toler-ance, Unselfi Shness, Peace Of Mind, And Love Of Which He Had Thought Himself Quite Incapable. What He Has Received Is A Free Gift, And Yet Usually, At Least In Some Small Part, He Has Made Himself Ready To Receive It. A.A Apr 19th, 2024

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5 Codependency Myths Myth #1 Codependency Is Just About Being Really Nice And Helpful. Truth: Traits Of Codependency Do Include Pleasing And Helping Others, But Codependents Also Want To Feel Needed And Important - That's The Key Distinction. They Try To Control And Change People And Situations... By Being "helpful". Codependents Do This Over Taking Care Of Themselves And Developing A ... May 5th, 2024

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I. Understanding CODEPENDENCY

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