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The Sobriety Variety The Sobriety Variety

From Daily Reflections "Driven By A Hundred Forms Of Fear, Self-delusion, Self-seeking, And Self-pity, We Step On The Toes Of Our Fellows And They Retaliate." ALCOHOLICS ANONYMOUS, P.62 My Selfishness Was The Driving Force Behind My Drinking. I Drank To Celebrate Success A 2th, 2024

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O "Writing A Sobriety Plan Using The Tools Of Recovery" O 4. "A Weekly Sobriety Plan Calendar" Fill Out Aphorisms Chart Compare Your Sobriety Plan And Calendar

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• How Reliable Is Each Test Using The San Diego Study? Field Sobriety Testing. 16-10. Field Sobriety Testing 3th, 2024

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Emotional Sobriety: The Undiscovered Frontier In Healing ...

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Step 12 Sharing The Gift - Emotional Sobriety And Food

When Bill Wilson's Longtime Drinking Companion, Ebby Thatcher, Appeared In Bill's Kitchen, It Forged The First Link In A Wonderful Chain Of What We Now Refer To As 12-Step Calls. It Was The First Time In Human History We Are Aware Of That A Solution For Alcoholism Was Passed From 3th, 2024

Sobriety Checklist

Morning Routine Checklist 10 Things You Can Do To Stay Sober Today Exercise - 20-60 Minutes Read - 5 Minutes Journal - 5-10 Minutes Prayer / Meditation - 10-15 Minutes Willingness Call List - 3 People Be Of Service Meetings - Set Up & Clean U 3th, 2024

STEP FOUR - Emotional Sobriety And Food

DAILY REFLECTIONS, P. 101} Resentment Is The "number One" Offender. It Destroys More Alcoholics Than Anything Else. From It Stem All Forms Of Spiritual

Disease, For We Have Been Not Only Physically And Mentally III, We Have Been Spiritually Sick. {BB, P. 64} During The Times 1th, 2024

Emotional Sobriety And The Twelve Steps Of AA

The Untethered Soul: The Journey Beyond Yourself (p. 131). Michaele A. Singer "At The Core Of This Alienation From The Actual-self... Is The Loss Of The Feeling Of Being An Active Determining Force In Our Own Lives." Neuros 2th, 2024

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