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By Medmunch. Breakfast 4 7 Day Plan By Medmunch. Banana Yogurt Pots  
SUITABLE PREP TIME COOK TIME SERVES Vegetarian 5 Mins No Cook 2  
Nutrition (per Serving) Kcal Fat Sat Fat Carb Sugar Fibre Protein Salt 236  
7g 2g 32g 19g 4g 14g 0.1g 1th, 2024**

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Aug 07, 2020 · Diet Plan. Important Note The Information In This Book  
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