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Bodypump 87 Notes

Like A Lot Of The Tracks In This Release. Every Release I Go Onto The Les Mills Website And Give My Feedback On The “blah” And Two Things I Have About This ... Music: BodyPump 87 Playlist - Di Hickman No Part Of These Notes May Be Used, Stored Or Reproduced In Any Form Or By Any Means Without Pri 1th, 2024

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Bodypump 87 Notes - Trade.jeroboams.co.uk

Pre Owned 65 00 Or Best Offer, Be Loud And Heard Sat 27 Oct 2018 15 44 00 Gmt ... Yllapito Marraskuu 13 2012 Bodypump 92 Tracklist Bodypump 87 Tracklist 1 Let There Be Love Christina Aguilera 2 Black Betty Scooter 2 Make Yo Body Pump Lets Make Action Dix 3 You Needed Me Boyzone 4 When I ... 4th, 2024

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Scooter, Les Mills Body Pump Bodypump 87 Instructor Kit Dvd Cd Choreography Notes Sporting Goods Fitness Running Amp Yoga Fitness Dvds Ebay Les Mills Tracklists For Bodypump Bodypump 87 1 Let There Be 3 Rock This Party Everybody Dance Now Original Bob Sinclair Amp Cutee B Feat, Bodypump 3th, 2024

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(slow)4x8Transitation Prepare For DeadliftStand High, Bar On Top, Back To Set. V3Swas4x842/2 DeadliftTip Forward Slowly. I Have You4x843/1 DeadliftA A Little Slower. Instr4x84Single DeadrowBack Again Run, Down Hold Pull. BrYoull See2x8Transitation To Prepare For CurlsTost High, Change Grip. RefAll Itself4x842/2 CurlCurl Slow And Sleek. I'll 2th, 2024

CAITLIN CARTER Choreo. Resume

Choreographer Des McAnuff /Sergio Trujillo PUTNAM COUNTY SPELLING BEE Assistant Choreographer LA Company/ Dir. James Lapine PUTNAM COUNTY SPELLING BEE Assist. Choreo./Asst. Stage Manager/Dance Captain San Francisco And Boston Companies CHICAGO Assistant Choreographer First And Second National Tours COMMERCIALS 2th, 2024

Amy Allen Choreo Resume - The Millennium Dance Complex

IHOP – Ballet Class Choreographer Meji Coffee Choreographer Mastercard – Priceless Co-Choreographer Gap Kids – Winter Season Asst. Choreographer Chor: Fatima Robinson Switched (ABC Promo) Choreographer . Title: Microsoft Word - 2th, 2024

REVISED: July 2020 CHOREO: Cheryl & Geof Manley A

DON'T STOP MOVIN' Page 3 Of 4 1234 (123&4) 7 8 9 [circ Away] NOTE: Lady Will Be Doing This Figure On Opposite Feet From Normal! – Both Circling Away From Each Other [man Left-face, Lady Right-face] Using Same Footwork - Forward L, Forward R, Forward 2th, 2024

Choreo-Wise

I Hope That You Have All Had A Pleasant, Safe And Healthy Festive Season. For Those Of You Who Asked – YES, The Picture On The ... P. 359 – Last Routine – Add “Very Centres Trade” After Spin The Top (Bill) P. 361 – Fourth Routine – Add “Walk & Dodge” After Touch A Quarter (Bill) ... S 1th, 2024

TITLE: PLAY THAT FUNKY MUSIC CHOREO: Scotty Bilz BY: Wild ...

TITLE: PLAY THAT FUNKY MUSIC BY: Wild Cherry (16) Wait Sla=Slap; Sli=Slide; Sc=Scuff INTRO: (8) 1-Jackson Slaide (L) DS DT-Up Rock S(s)* [Pull] S RS DS DS RS 2th, 2024

WELCOME TO MY WORLD CHOREO: Bob & Gerry Tevlin, ...

Page 1 Of 3 1 WELCOME TO MY WORLD CHOREO: Bob & Gerry Tevlin, 4938 Ben Myr Dr., House Springs, MO 63051, 636-942-4052 Email: Mailto:gbdancingonline@yahoo.comgerrytevlin62@gmail.com MUSIC: Welcome To My World Artist: Dean Martin As Downloaded On ITUNES FOOTWORK: Opposite Unless Noted ... 3th, 2024

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