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Simple 3-week Plan For Supercharged Weight Loss. Ballantine Books. Isbn 978-0-345-54510-7. Harper, Bob (2014). Skinny Meals: Everything You Need To Lose Weight-fast!. Ballantine Books. Isbn 978-0-804-17889-1. Harper, Bob (2017). The Super Carb Diet. St. Martin's Press. Isbn 978-1-250 Jumpst Feb 2th, 2024

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